

**ATC Board of Directors
Retreat Agenda
February 1, 2023**



The Alexandria Transit Company Board of Directors (DASH) will convene on February 1, 2023, from 12:00pm – 5:00pm for a team building and Board educational retreat. No matters of business will be discussed, the retreat is for the purposes of providing the members with tools for continued success as a Board Member. The meeting is open to the public and will take place at the DASH Administrative Offices located at 3000 Business Center Drive, Alexandria, VA 22314.

Board Member Prework – Complete the DISC communication style assessment, prior to January 25, 2023.

Use this link to complete the assessment: <https://www.ttisurvey.com/442342PFS>

<p>Welcome and Introductions</p> <ul style="list-style-type: none"> ○ Ice Breaker/Warm-up ○ Years on the Board ○ What engages you most about serving on this Board? 	Board Chair	12:30 pm – 12:45 pm
<p>Ice Breaker/Warm-up</p>	Terrie Glass, Facilitator	12:45 pm – 12:55 pm
<p>Goals for the Retreat</p> <ul style="list-style-type: none"> ● Building a greater understanding of Board members’ communication styles ● Improving effectiveness of Board dialogue and decision making ● Increasing the effectiveness and impact of the Board’s work together ● Establishing some “take-aways” and priorities moving forward 	Terrie Glass	12:55 pm – 1:00 pm
<p>Understanding Communication Styles</p> <ul style="list-style-type: none"> ● Our communication style impacts key factors evident in group dialogue: <ul style="list-style-type: none"> ○ Pace – <i>How quickly you want the discussion to proceed; how patient you are with others who prefer to move more slowly or flexible you are with those who want to “plow ahead”.</i> 	Terrie Glass	1:00 pm – 1:50 pm

<ul style="list-style-type: none"> ○ Detail Focus – <i>How much detail you want to know before you agree to a direction or are willing to make a decision; how many questions you want answered and at what level.</i> ○ Tolerance for Disagreement or Controversy – <i>How comfortable you are with disagreements, intense debate, or others “losing” in a discussion; how willing you are to speak up if you disagree.</i> 		
Break		1:50 pm – 2:00 pm
Exploring Communication Styles: How they “Show Up” in DASH Board Meetings	Terrie Glass	2:00 pm – 2:30 pm
Increasing Effectiveness and Impact in Board Discussions: How to be Strategic and Proactive	Terrie Glass	2:30 pm – 4:00 pm
Increasing Effectiveness and Efficiency in Decision Making	Terrie Glass	4:00 pm – 4:30 pm
Establishing Take-Aways, Priorities Moving Forward, and Wrap Up	Terrie Glass	4:30 pm – 5:00 pm