

HR Benefits Contact Information



Coverage Type	Provider	Phone	Website
Medical	Kaiser Permanente	800.777.7902	kaiserpermanente.org
Medical	United Healthcare	866.444.4864	myuhc.com
Pharmacy	UHC/CVS Caremark	844.278.5730	caremark.com
Dental	The Standard	800.547.9515	standard.com
Vision	The Standard	800.547.9515	standard.com
Life and AD&D (Basic/Supplemental)	The Standard	800.628.8600	standard.com
Voluntary Long-Term Disability	The Standard	800.368.1135	standard.com
Short-Term Disability	The Standard	800.368.2859	standard.com
Voluntary Accident			
Voluntary Critical Illness	The Standard	800.348.3226	standard.com
Voluntary Hospital Indemnity			
Flexible Spending Account (FSA)	TASC	800.422.4661	tasconline.com
Employee Assistance Plan	The Standard	888.293.6948	healthadvocate.com/standard3
401(k) Retirement Benefits	PCS Retirement	888.621.5491	pcsretirement.com
Retirement Health Reimbursement Account (RHRA)	HealthInvest HRA	844.342.5505	healthinvesthra.com

Payroll questions? e-mail DASH-Payroll@alexandriava.gov